



Faulding[®] Superfoods Coconut Oil 300g Jar

Faulding[®] Superfoods Coconut Oil Great for cooking & baking as well as beauty. also:

- Alternative cooking oil

About this product

Faulding[®] Organic Cold Pressed Coconut Oil is a great organic alternative for use in health and beauty.

Cooking: Use in cooking instead of other oils or fats, as a spread, for baking and frying or added to salad dressings.

Hair & Skin Care: Coconut oil can be used as a great moisturiser for your body when applied directly to the skin. It can also be used as a fantastic hair conditioner.

Ingredients

100% CERTIFIED ORGANIC COLD PRESSED VIRGIN COCONUT OIL, Sourced from Vanuatu & Fiji

Free from

Diary, gluten & added sugar.



Nutritional Information

Servings per package: 21

Serving size: 14g (1 tablespoon)

	Quantity per serving	Quantity per 100g
Energy	518kj	3700kj
Protein	0g	0g
Fat, total	14g	100g
Saturated	12.9g	92.1g
Carbohydrate	0g	0g
Sugars	<1g	<1g
Sodium	0mg	0mg

Directions for use

Cooking: Use 1 tablespoon in cooking instead of other oils or fats.

Hair & Skin Care: Mix a small amount of Faulding® Coconut Oil with warm water and apply 1-2 hours prior to washing.

Product Storage

Store in a cool, dry place, below 25 degrees

Barcode

9316100000057

Product Dimensions

85mm H x 91mm W x 91mm D